

The Baden Powell Challenge Award

Name of Guide

What do I need to have before I begin ?

You need to have made your promise



You should have earned at least 2 challenge badges



You should have earned at least 2 interest badges



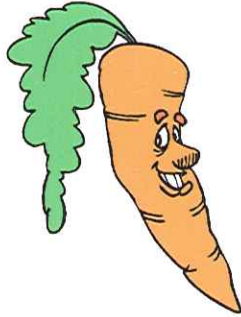
Done

Names of badges earned

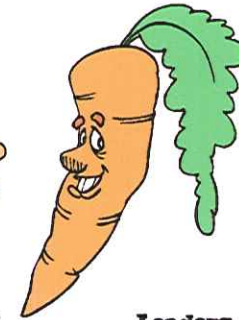
You will also need to complete an application form so we know who is doing the award .

There are 5 zones you will need to choose at least one challenge from each zone and then 5 more from any zone

To finish you will have to take part in a Baden Powell adventure



Zone 1 Healthy Eating



Clauses	Compulsory choice	5 other clauses choice	Completed	Leaders Signature
Organise and run a patrol cooking competition . You could provide ingredients and challenge the patrols to produce dishes in a set time .				Sig Date
Set yourself three personal fitness goals and keep a diary for a month to show how you have worked towards them .				Sig Date
Run an activity session for your patrol on an issue which concerns young people today .				Sig Date
Help to organise a sports competition with another patrol or guide unit , eg mini olympics , fitness trail or team games evening .				Sig Date
Complete one of the following badges : Agility , Cook , Healthy Lifestyles , Sports .				Sig Date
With your patrol , plan and carry out a reflections session around a chosen theme . You could include a relaxation or meditation aspect or use mime , readings , dance or slides .				Sig Date
Organise a sponsored fitness event for a good cause .				Sig Date
Produce a cookbook of recipes appropriate for rainbows , Brownies or Guides to use at an event holiday or camp .				Sig Date



Zone 2 Global Awareness



Clauses

Compulsory
Choice

5 other clauses
Choice

Completed

Leaders Signature

<p>Find out about the life of a child from a country in the global South (the developing world) leads. Share the findings with your patrol.</p>				<p>Sig</p> <p>Date</p>
<p>Organise an activity for your patrol or unit which will help somebody from a country in the developing world. Let your local International Advisor know what you are doing.</p>				<p>Sig</p> <p>Date</p>
<p>Complete one of the following badges: World Cultures, World Guiding, World issues, World Traveller.</p>				<p>Sig</p> <p>Date</p>
<p>With your patrol organise an international evening with games, crafts, food or music and dance.</p>				<p>Sig</p> <p>Date</p>
<p>Design a poster on a current global issue and use it to make a presentation to your unit.</p>				<p>Sig</p> <p>Date</p>
<p>Use the internet or your local library to find out about fair trade. Survey what fair trade items are available in your local supermarket. Organise an activity about fair-trade with your patrol.</p>				<p>Sig</p> <p>Date</p>
<p>Find out about the Guide friendship fund and hold a fund-raising event to support their work.</p>				<p>Sig</p> <p>Date</p>



Zone 3 Discovery



Clauses

Compulsory
Choice

5 other clauses
Choice

Completed

Leaders Signature

Make a bivouac and spend the night in it . Make your own breakfast in the morning .				Sig Date
Start a new hobby or craft , or extend one you already have and work on it for at least 3 months . You could try glass painting , learning learning an instrument . Find out about your hobbies's origins and do a presentation for your patrol .				Sig Date
Attend a residential event somewhere new to you eg in a youth hostel or on a narrowboat . This does not count for your adventure .				Sig Date
Complete the outdoor pursuits badge				Sig Date
Visit a city farm , rescue centre or nature reserve with your patrol , why is it important to have these and who benefits from them and what can you do to help .				Sig Date
With friends attend an event such as the theatre or ballet or an open air concert or pop concert . Record your thoughts and impressions and share them with a leader or YL . Stay safe when out though !				Sig Date
Use ICT skills to make a new resource for your unit . What about making welcome to guides pack , a guide to camp or a songbook? You could use photography , video or computers .				Sig Date
Complete the Guide camp permit .				Sig Date



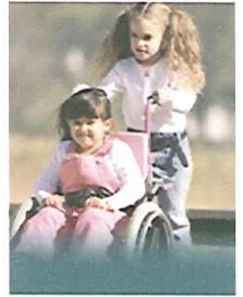
Zone 4 : Skills and Relationships



Clauses	Compulsory Choice	5 other clauses Choice	Completed	Leaders Signature
Organise a party for someone outside your unit , such as your local brownies , your family or girls not normally involved in guiding ; or hold a bring a friend party at guides				Sig Date
Organise a cooperative games evening for your unit eg parachute games				Sig Date
Help organise a trip with your patrol to see something of interest to you . Go on the trip and report back to your unit .				Sig Date
Find out what facilities are available for young people in your area organise discussions about local issues and speak to your local Connexions centre or a local councillor .				Sig Date
Complete one of the following badges : Communicator , Independant living , personal safety or water safety .				Sig Date
Organise an activity based on todays clothing . You could do an analysis of what is suitable for certain activitie , whats currently fashionable and what makes you feel good , show your patrol your findings .				Sig Date
Raise money to take part in your Baden Powell Adventure . Could anyone else benefit from your fundraising .				Sig Date
Complete the Active Response or First aid badge . Hold a First Aid evening for your unit , including incedents and fake wounds to demonstrate your new skills .				Sig Date



Zone 5 : Celebrating Diversity



Clauses	Compulsory Choice	5 other clauses Choice	Completed	Leaders Signature
<p>With your patrol or unit celebrate a festival from a culture other than your own eg : Diwali , harvest festival Chinese new year , Thai festival of lights or Hannukah</p>				<p>Sig _____ Date _____</p>
<p>Organise a a disability awareness activity evening or invire someone to your unit to talk about disability .</p>				<p>Sig _____ Date _____</p>
<p>Find out about the UN convention on the rights of a child . Organise an activity to share what you have found out .</p>				<p>Sig _____ Date _____</p>
<p>Complete one of these badges : Culture , Faith Awareness , Community Action .</p>				<p>Sig _____ Date _____</p>
<p>Take part in a practical activity to benefit the environment in your local community , such as tree planting , nature conservation or bulb planting .</p>				<p>Sig _____ Date _____</p>
<p>Take part in a WAGGGS initiatave check out WWW.wagggsworld.org .</p>				<p>Sig _____ Date _____</p>
<p>What is "being you2 all" about make a collage to reflect your culture and lifestyle . Share this with your leader .</p>				<p>Sig _____ Date _____</p>
<p>Look at guiding in your area and think about units that may not be as fortunate as yours . Think of ways you could offer them assistance . Carry out your ideas and tell your commissioner what you did .</p>				<p>Sig _____ Date _____</p>